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We've seen firsthand the strength and love that mothers have for their children. On May 8th we celebrated Mother's Day by delivering gifts and flowers to our residents. Thank you to our corporate donors for the kind gesture and for making this Mother's Day truly special.



May is also Sexual Assault Prevention Month in Ontario. We wanted to highlight some findings from a [Stats Canada Survey on unwanted gender-based violence](#).

- **1 in 3 women feel uncomfortable in public because of another's behaviour.**
- **61% of women 15 to 24 years old experienced unwanted sexual behaviour.**
- **Over 11 million Canadians have been a victim of physical or sexual assault.**

Interval House condones any kind of violence, especially towards women and children. We know that when dangerous behaviour is left unchecked, abuse and violence can turn deadly. [Read how lives were lost to violence in our spring newsletter.](#)

Read our
latest
Spring Newsletter



Because of your support, we are able to **help women and their children escape violence in their homes.**

You make it possible for women and their children breaking the cycle of abuse to find the programs and services they need to get back on their feet. Thank you, once again for supporting our mission to end violence against women.



“I just wanted to say thank you for your support, patience, dedication and guidance over the years. I have appreciated and grown from it more than you know.”

Crista, BESS Client



Mark your calendars! June 2nd is Ontario's provincial election.

In North America and around the world, women's rights are being challenged.

We encourage everyone to exercise their right to vote in this upcoming election. Your vote could help shape the future of Ontario for years to come.

In the News



[CBC: Update on Wasaga Beach Abduction](#)

[Globe and Mail: Dr. Kagan pushes for Mandatory IPV Training for all new judges](#)

[NY Times: Oklahoma legislature could ban almost all abortions](#)

[Global News: Major Decision from the Supreme Court of Canada to implement Self-Induced Extreme Intoxication as a defence](#)

[ESPN Films: Watch the trailer for Betsy & Irv, a film addressing sexual assault and abuse in college football.](#)



Do you know someone in crisis?

If you know someone that is being abused and needs immediate assistance, call our crisis line.

CRISIS LINE: 1-888-293-5516

For more information about our shelter and programs, see our non-emergency contact information below.

TEL: 416-924-1411 EXT. 251

EMAIL: info@intervalhouse.ca

CONTACT US

For other questions and donor inquiries, please find our non-emergency contact information below:

TEL: 416-924-1411 EXT. 238

EMAIL: donations@intervalhouse.ca

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Interval House is the first centre for abused women and children in Canada. We are leaders in the campaign for women's empowerment, providing innovative, specialized services that help women survivors of intimate partner violence and their children transform their lives and break the cycle of abuse.

[Interval House Website](#) – [Donate Now](#) – [Crisis Line](#)

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