BESS - Building Economic Self-Sufficiency

94 New BESS clients 40 Average age of BESS client

32 Community partners 1,541
One-on-one sessions with clients

86 Women attended workshops

62 Employment clients

Examples of BESSWorkshops

-The Power of Positive Confrontation

-Am I Enough? Challenging Your Ideas of Self-Worth

> -Understanding the Power You Hold

-Showing Up as Your Best Self 164 Women served by BESS







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82 Counselling clients 101 Housing clients Clients received monthly rent subsidies

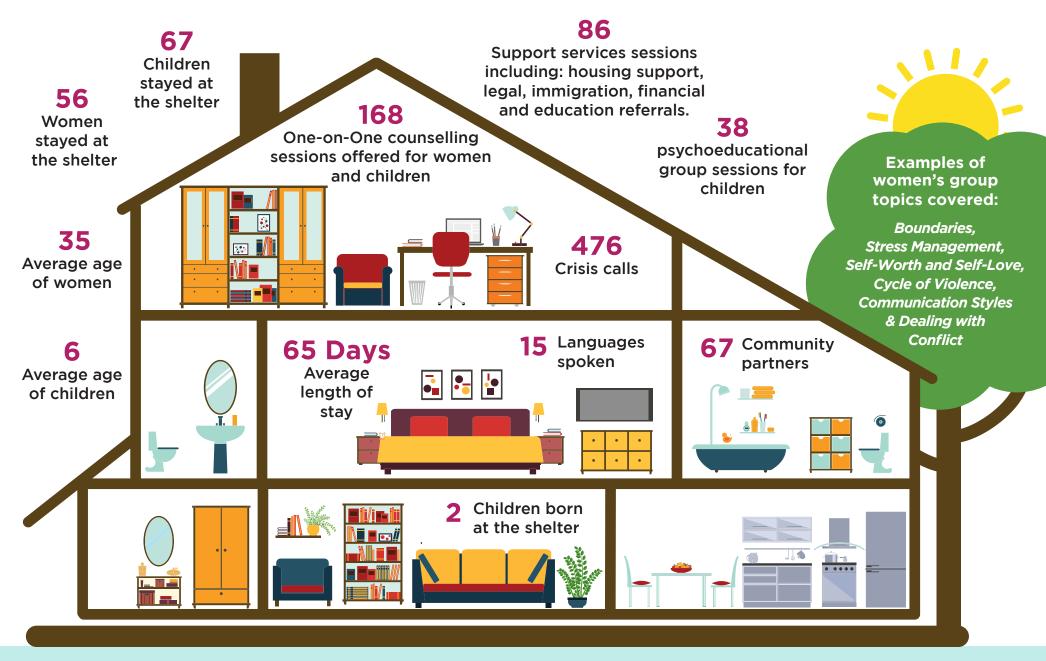
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